

# Energy Saving Bag

Welcome!

**These instructions will help you become home energy efficient.**

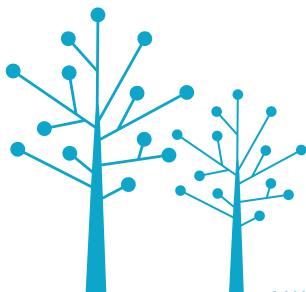
**Communities Matter have included this guide to help you gain the most out of these easy to use draft proofing and energy efficiency products.**

**They will only take a few minutes to install saving you money, reducing your energy usage and keeping your home warm.**



## Draught Excluder

Prevent draughts from your **doors and windows**. Simply peel off the backing paper and stick to the inside of your door or window frame. Say goodbye to draughty windows and doors!

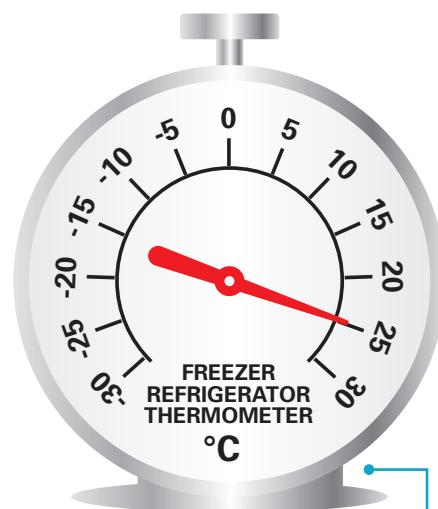


## 30 Minute Rundown Timer

How many times have you wondered if you have turned the iron off when you're out?

### The 30 Minute Rundown

**Timer** removes this stress by automatically turning off your appliance giving you peace of mind.



## Fridge Thermometer

A simple to use fridge thermometer with an **easy to read dial and setting marker** that will ensure that your fridge or freezer is set to the optimum temperature without wasting energy. Particularly useful when your fridge is full, as the temperature inside may fluctuate.





### **LED Light Bulb**

Switch you existing bulb for this energy saving warm white LED replacement bulb giving you up to 16 years of light for 6 hours a day!

### **Nightlight**

This excellent device gives you peace of mind at night time. Whether you would like a dim light in your hallway or bedroom, you can be happy in the knowledge that this nightlight is very energy

efficient costing less than two pence per week to run. To use, simply plug your nightlight into your 3 pin plug, at night it will automatically switch ON and at dawn, it will automatically switch OFF.

## **COMMUNITIES MATTER**

**A Sussex based sustainability company is working at the forefront of community energy across Sussex. The Energy Saving Bags are a key part of the initiative to help raise awareness towards the benefits of energy efficiency in homes.**

**For further information contact [ollie@communitiesmatter.org.uk](mailto:ollie@communitiesmatter.org.uk)**

